

TRACK AND CROSS COUNTRY
Penthouse & Pearl High School

BUTCHARD- Head Coach, *Mississippi College*
ROGER BYNUM- Assistant Coach, *Millsaps College*
T.J. PRIDE- Assistant Coach, *Austin Peay University*
GREG WARNICK- Head Coach, *Tupelo Christian Prep. School*
CHRIS WOODS- Head Coach, *Mississippi State University*

WEDNESDAY, JULY 17 (Pearl High School)

10:00 AM PRIDE: Vertical Jumps
11:00 AM PRIDE: Horizontal Jumps
1:00 PM BYNUM: Throws
2:45 PM BYNUM: Throws (On Field Demonstration)

THURSDAY, JULY 18 (Penthouse)

9:00 AM ARD: Legends & Champions in Track & Cross Country
10:00 AM MHSAA: Rules & Eligibility
1:30 PM WOODS: Hurdles & Relays
2:30 PM WOODS: Recruiting
3:30 PM WARNICK: Cross Country & Distance

DIRECTIONS TO PEARL HIGH SCHOOL:

Go W on E County Line Road
Get on I-55 South to I-20 East
Take Exit 52 (Airport Rd.)
Go Left on US Highway 80 W
Pearl HS will be on the left.
500 Pirate's Cove Pearl, MS

MS SPORTS MEDICINE'S CPR CERTIFICATION

Cabana Room - \$10 Cash or Check

WEDNESDAY, JULY 17

8:00 - 11:30 AM CPR Class First Time Participants
8:00 - 11:30 AM Challenge CPR Course Available for Any Current Card Holder (No Appointment Necessary)
1:00 - 4:00 PM Challenge CPR Course Available for Any Current Card Holder (No Appointment Necessary)
For specific questions concerning CPR certification, please visit the Mississippi Sports Medicine booth.

ADDITIONAL SPEAKING TOPICS

RONALD D. KYZAR - Financial Services

Ronald D. Kyzar is a registered representative of and offers securities through Lincoln Financial Securities Corporation, Member SIPC.

WEDNESDAY, JULY 17 (HATTIESBURG ROOM - 2ND FLOOR)

9:00 AM-4:00 PM Appointments Available by Request
Cell: 601-668-4544
E-mail: ronaldkyzar@securitiesmail.com

THURSDAY, JULY 18 (CABANA ROOM)

9:00 AM PERS Benefits- How the Partial Lump Sum Affects the 13th Check
10:00 AM PERS Benefits- How Income Options Affect the 13th Check
11:00 AM Financial Strategies for Young Coaches
1:30 PM Financial Strategies for Young Coaches
2:30 PM PERS Benefits- How the Partial Lump Sum Affects the 13th Check
3:30 PM PERS Benefits- How Income Options Affect the 13th Check

SPECIAL EVENTS

FCA COACHES LUNCHEON - This complimentary lunch will be held at the Hilton, on Thursday, from 11:30 a.m. to 1:15 p.m.
Reservations necessary, visit the FCA Booth for complete details.

HOSPITALITY ROOM - Visit and enjoy coffee and Coke beginning Wednesday at 1 PM and Thursday & Friday at 9:30 AM in the Crowne Room.
Sponsored by Jackson Coca-Cola Bottling Company and Jackson Convention & Visitors Bureau.

MAC COACHES SOCIAL - MAC Members Only! Drinks and heavy hors d'oeuvres will be served on Thursday at 6:30 PM. DJ and Karaoke. Grand Ballroom A, B & C. *Sponsored by Mississippi Sports Medicine & Orthopaedic Center.*

UNDERGRADUATE SCHOLARSHIPS - MAC Members who will have a natural or adopted child enrolled in college the fall semester of 2019-2020 are eligible to participate in a drawing. Registration Forms are available at MAC desk. **YOU HAVE TO BE PRESENT TO WIN.**
Sponsored by World Class Athletic Surfaces, Leland, MS.

Clinic Note Concerning Replacement Cards:

If you lose your new membership card or forget to bring it, you can get a duplicate at the MAC Registration Desk for \$5.00.

Exhibitors Show Schedule

Tuesday, July 16	12 NOON - 4:00 PM
Wednesday, July 17	7:00 AM - 4:00 PM
Thursday, July 18	8:00 AM - 4:00 PM
Friday, July 19	8:00 AM - 12 NOON

64th Annual

Wilder Fitness

MULTI-SPORTS CLINIC

July 16 - July 19, 2019 • Hilton Hotel • Jackson, MS

BASIC SCHEDULE

MONDAY, JULY 15

1:00 PM "Fid" Jones Memorial Coaches Golf Tournament - *Sponsored by BSN Sports, Live Oaks Golf Course*

TUESDAY, JULY 16

11:00 AM Registration - Hilton Lobby
12:00 NOON CEU Orientation - Grand Ballroom C
1:00 PM Golf Tournament - *Sponsored by BSN Sports, Lake Caroline Golf Course*
2:00 PM Clinic Sessions Begin

WEDNESDAY, JULY 17

7:30 AM Registration - Hilton Lobby
8:00 AM CEU Orientation - Grand Ballroom B/C
8:00 AM - 12 Noon Hospitality Room - Fitzgerald's
8:30 AM Clinic Sessions Begin
9:00 AM Sterling Rose Brunch (Coaches' Wives) - Penthouse
1:00 PM Hospitality Room - Crowne Room
6:00 PM All-Star Volleyball Game - Millsaps College

THURSDAY, JULY 18

7:30 AM Registration - Hilton Lobby
8:00 AM Clinic Sessions Begin
9:30 AM Hospitality Room - Crowne Room
11:30 AM - 1:15 PM FCA Luncheon - Grand Ballroom
Speaker: Ken Smith, *Pastor & Former MS High School Football Coach*
6:30 PM Mississippi Sports Medicine Coaches' Social - Grand Ballroom

FRIDAY, JULY 19

7:30 AM Registration - Hilton Lobby
8:00 AM Clinic Sessions Begin
9:30 AM Hospitality Room - Crowne Room
10:00 AM Motivation - Grand Ballrooms A, B & C
11:00 AM District Meetings
D1 / D5 - Amphitheater I
D2 / D6 - Ballroom C
D3 / D4 - Ballroom A
D7 / D8 - Ballroom B
11:30 AM General Business Meeting - Grand Ballrooms A, B & C
(Service Awards, Amanda Price Award, & Roy Garcia Award will be presented)
12 NOON New Board of Directors Meeting - Grand Ballroom



MISSISSIPPI ASSOCIATION OF COACHES

P.O. Box 1194 • Clinton, MS 39060 •
Phone: 601-924-3020 • Fax: 601-924-3050 • www.mscoaches.com
@MACoaches Find us on Facebook!

ARCHERY

Amphitheater II

CRAIG BEEDING- AIMS Assistant Coordinator

WALDOCLELAND- AIMS Director

JOHN McDONALD- AIMS Coordinator

JEFFERY WALKER- Head Coach, *Simpson Central High School*

TUESDAY, JULY 16

2:00 PM CLELAND: Questions & Answers about AIMS
2:30 PM BEEDING: Shoot Times
3:00 PM McDONALD: Registration
3:30 PM WALKER: Advanced Coaching

BASKETBALL

BILL BEGLEY- Head Men's Coach, *East Mississippi Community College*

KENNY BIZOT- Head Men's Coach, *Copiah Lincoln Community College*

BROOKS DONALD-WILLIAMS- Head Women's Coach, *University of Louisiana-Monroe*

BRENT HARRIS- Head Women's Coach, *Southwest Community College*

JAY LADNER- Head Men's Coach, *University of Southern Mississippi*

BRENDA MAYES- Head Women's Coach, *Northeast Mississippi Community College*

STEPHANIE MURPHY- Head Women's Coach, *Coahoma Community College*

CHRIS ONEY- Head Men's Coach, *Pearl River Community College*

MARK SLESSINGER- Head Men's Coach, *University of New Orleans*

BROOKE STOEHR- Head Women's Coach, *LA Tech*

TUESDAY, JULY 16 (On Court Demo at Tougaloo College)

2:00 PM LADNER: USM Basketball
3:30 PM STOEHR: Zone Offense

WEDNESDAY, JULY 17 (On Court Demo at Tougaloo College)

10:00 AM BIZOT: Defensive Concepts & Drills
1:00 PM DONALD-WILLIAMS: Transition Offense & Breakdown Drills
2:30 PM SLESSINGER: Building Individual Offense Buy Mastering Fundamentals

THURSDAY, JULY 18 (On Court Demo at Tougaloo College)

8:00 AM BEGLEY: Development Drills for Guards
9:30 AM MURPHY: Fundamental Drills for Offensive Skill Development

THURSDAY, JULY 18 (Grand Ballroom A)

1:30 PM HARRIS: The Transformation of Southwest Women's Basketball
2:30 PM MAYES: Preparing Student Athletes for the Next Level
3:30 PM ONEY: Zone Offenses

FRIDAY, JULY 19

9:00 AM MHSAA: Rules & Eligibility (A, B & C)

BOWLING

Amphitheater I

BOB JEFFERSON- Pro Shop Operator

WADE McLEMORE- Head Coach, *Cleveland Central High School*

TUESDAY, JULY 16

2:00 PM JEFFERSON: Understanding Oil Patterns, Making Adjustments, & Ball Choices
3:00 PM McLEMORE: Creating an Interest in Your Program & How to Get Kids to Try Out
4:00 PM MHSAA: Rules & Eligibility

CHEER

Grand Ballroom B

BEN BAILEY- Mississippi State Director, *NCA*

R.J. BARRETT- Director of Performance Training, *Madison HealthPlex*

KIRA BERCH- Athletic Trainer, *Florence High School - Rankin County Schools*

RYAN JACKSON- Tennessee State Director, *UCA/NCA*

KRISTIN SLAY- Certified Group Exercise Instructor, *Madison HealthPlex*

TUESDAY, JULY 16

2:00 PM BERCH: Safety Guidelines
2:30 PM BARRETT & SLAY: Strength Training & Nutrition for Dance & Cheer
3:00 PM BAILEY: Running & Effective Practice
4:00 PM JACKSON: TBA

SOCCER

Grand Ballroom A

JAMES ARMSTRONG- Head Women's Coach, *Mississippi State University*

TUESDAY, JULY 16

2:00 PM ARMSTRONG: Building Offense
3:00 PM ARMSTRONG: Building Defense
4:00 PM MHSAA: Rules & Eligibility

TENNIS

Crowne Room & Ridgeland Tennis Center

WEDNESDAY, JULY 17

10:00 AM Seminar by Mississippi Tennis Association (Crowne Room)
1:30 PM On Court Demonstration (Ridgeland Tennis Center)

VOLLEYBALL

Grand Ballroom C & On Court Demonstration at Millsaps College (Hangar Dome)

KATHY DeBOER- Executive Director, *American Volleyball Coaches Association*

JACOB SANDER- Head Coach, *Mobile Storm Club*

TUESDAY, JULY 16 (Grand Ballroom C)

2:00 PM DeBOER: All Rotations are Not Created Equal: Optimizing Point Scoring Opportunities
3:00 PM DeBOER: Building Leadership in Female Teams
4:00 PM MHSAA: Rules & Eligibility

WEDNESDAY, JULY 17 (On Court Demonstration at Hangar Dome - Millsaps College)

1:30 PM SANDER: Drills, Drills, Drills
2:30 PM SANDER: Drills, Drills, Drills

FOOTBALL

Grand Ballrooms B and C

BRAD BOYETTE- Head Coach, *Horn Lake High School*

CHRIS CHAMBLESS- Head Coach, *West Point High School*

DEVIN COOPER- Head Coach, *Scott Central High School*

JAMES COURTNEY- Head Coach, *Nanah Waiya High School*

BILL D'OTTAVIO- Defensive Coordinator, *Samford University*

BRAD EMBRY- Head Coach, *Water Valley High School*

WILL HALL- Offensive Coordinator, *Tulane University*

JAY HOPSON- Head Coach, *University of Southern Mississippi*

BUCK JAMES- Head Coach, *Bryant High School (Arkansas)*

DENNIS JOHNSON- Defensive Line Coach, *Louisiana State University*

MICHAEL JOHNSON- Wide Receivers Coach, *Mississippi State University*

RICK JONES- Head Coach, *Greenwood High School (Arkansas)*

NOLAN JONES- Associate Athletic Director for Football Operations, *University of Mississippi*

KEN KARCHER- Head Coach, *East Central Community College*

MATT KITCHENS- Weight Room & Special Teams Coach, *University of South Alabama*

DESMOND LINDSEY- Wide Receivers & Running Backs Coach, *Arkansas State University*

MATT LUKE- Head Coach, *University of Mississippi*

TOM LUKE- Assistant Athletic Director of Player Development, *University of Mississippi*

DERRICK MASON- Head Coach, *Vanderbilt University*

MIKE McINTYRE- Defensive Coordinator, *University of Mississippi*

M.C. MILLER- Head Coach, *Louisville High School*

JOE MOORHEAD- Head Coach, *Mississippi State University*

CHAD MORRIS- Head Coach, *University of Arkansas*

JAY PERRY- Director of Player Development, *Mississippi State University*

BRAD PETERSON- Director of High School Relations, *Mississippi State University*

LYTRELL POLLARD- Defensive Coordinator, *Jones College*

RON ROBERTS- Defensive Coordinator, *University of Louisiana-Lafayette*

RICH RODRIGUEZ- Defensive Coordinator, *University of Mississippi*

BOB SHOOP- Defensive Coordinator, *Mississippi State University*

TYLER SISKEY- Assistant Athletic Director for Player Personnel, *University of Mississippi*

MIKE VILLAGRANA- Director of Recruiting, *Mississippi State University*

WEDNESDAY, JULY 17 (OFFENSIVE COACHES: BALLROOM B; DEFENSIVE COACHES: BALLROOM C)

10:30 AM MASON: Vanderbilt Football (B & C)
1:30 PM RODRIGUEZ: Spread Offense (B)
McINTYRE: Defensive Back Technique (C)

2:30 PM M. JOHNSON: Wide Receiver Play (B)
SHOOP: Mississippi State Defense (C)

3:30 PM R. JONES: Offense, Program Building, & Empty RPO (B)
ROBERTS: Game Week Prep: Situational Football (C)

THURSDAY, JULY 18 (OFFENSIVE COACHES: BALLROOM B; DEFENSIVE COACHES: BALLROOM C)

8:15 AM COURTNEY, COOPER, & EMBRY: Panel Discussion - Inside 1A/2A/3A Championship Programs (B)
MILLER, CHAMBLESS, BOYETTE: Panel Discussion - Inside 4A/5A/6A Championship Programs (C)
PETERSON, T. LUKE, SISKEY, N. JONES, VILLAGRANA & PERRY: College Ready (Crowne Room)

9:15 AM LINDSEY: Running Back & Wide Receiver Play (B)
D. JOHNSON: Defensive Line Play (C)

10:15 AM HALL: Method to Game Planning (B)
KITCHENS: Special Teams (C)

1:30 PM KARCHER: How To Use Tempo & Formations to Dictate A Game (B)
POLLARD: 4-2-5 Man/Zone Coverage (C)

2:30 PM JAMES: Foundations of a Program (B)
D'OTTAVIO: Defensive Schemes (C)

3:30 PM MORRIS: Arkansas Football (B & C)

FRIDAY, JULY 19

8:00 AM MHSAA: Rules & Eligibility (A, B & C)

DIRECTIONS TO MILLSAPS COLLEGE:

Go West on E. County Line Rd.

Get on I-55 South

Take Exit 98A toward Woodrow Wilson Dr.

Turn Left onto N. State Street

Millsaps College will be on right

1701 N. State St. Jackson, MS

DIRECTIONS TO TOUGALOO COLLEGE:

Go West on E. County Line Rd.

Cross over I-55

Left onto N State St./US 51

Right onto W County Line Rd.

Tougaloo College will be on right.

500 W. County Line Rd. Tougaloo, MS

DIRECTIONS TO RIDGELAND TENNIS CENTER:

From County Line Road, take left onto Ridgewood Rd.

Take Highway 51 North to McClellan Dr.

Ridgeland Tennis Center will be on your right.

201 McClellan Dr. Ridgeland, MS

ATHLETIC DIRECTOR

Grand Ballroom A

JIM KEITH- Attorney, *Adams & Reese LLP*

CARYL VOGEL- Head Soccer Coach, *New Albany High School*

THURSDAY, JULY 18

8:30 AM KEITH: Legal Issues with MHSAA
9:30 AM VOGEL: How to Create Your Social Media Graphics (Bring Your iPad or Laptop)
10:30 AM MHSAA: Questions & Answers

BASEBALL

Amphitheaters I & II

CHARLES BURNETTI- Owner, *Diamond Design & Construction LLC*

MICHAEL FEDERICO- Head Coach, *University of Louisiana-Monroe*

BRIAN HARDY- Head Coach, *Germantown High School*

RICHY HARRELSON- Head Coach, *Northeast Mississippi Community College*

JOE HARTFIELD- Head Coach, *Hattiesburg High School*

TRAVIS JEWETT- Head Coach, *Tulane University*

CHRIS MALONEY- Manager, *Mississippi Braves*

JIM SCHWANKE- Former LSU Hitting Coach & Major League Player Agent

WEDNESDAY, JULY 17 (Amphitheaters I & II)

8:30 AM JEWETT: The Tulane Swing: Get Your Body in Good Position to Hit/Turn Fast- Margin for Error Matters!
9:30 AM JEWETT: Training Ideas & Drills Related to Hitting: Know Who You Are as A Hitter & Train Accordingly
10:30 AM MHSAA: Rules
1:30 PM FEDERICO: ULM Pitching
2:30 PM FEDERICO: Team Defensive Drills
4:00 PM PITCHING HOT STOVE - *Sponsored by Rawlings*

THURSDAY, JULY 18 (Amphitheaters I & II)

8:30 AM MALONEY: Life in Baseball: Questions & Answers
9:30 AM SCHWANKE: How My Team Practices So I Can Coach
10:30 AM HARDY: Planning A Productive Practice Year Round
1:30 PM HARRELSON: Team Leadership
2:30 PM HARRELSON: Infield Play
4:00 PM HITTING HOT STOVE - *Sponsored by Rawlings*

FRIDAY, JULY 19 (Amphitheaters I & II)

8:00 AM BURNETTI: Keys to Good Clay & Grass
9:00 AM HARTFIELD: Proper Preparation & Development: Team Concepts

POWERLIFTING

Grand Ballrooms B & C

CASEY MEEKS III- Head Coach, *Velma Jackson High School*

WEDNESDAY, JULY 17

8:30 AM MHSAA: Rules & Eligibility
9:30 AM MEEKS III: Velma Jackson Powerlifting

SOFTBALL

Grand Ballroom A & On Field Demonstration at Ridgeland High School

JASON LITTLE- Director of Sports Development, *Zachary High School (Louisiana)*

ERIC NEWELL- Head Coach, *Auburn University-Montgomery*

JAMIE POWELL- Head Coach, *Wayne County High School*

CHRIS ROBINSON- Head Coach, *Jones College*

WEDNESDAY, JULY 17 (Grand Ballroom A)

8:30 AM LITTLE: Making the Commitment: In Season & Off Season Training for the Female Athlete
9:30 AM NEWELL: Defensive Mindset: Doing the Little Things
11:00 AM POWELL: The C.O.R.E. of Success
1:30 PM MHSAA: Rules & Eligibility
2:30 PM NEWELL: Offensive Mindset: Doing the Little Things

THURSDAY, JULY 18 (On Field at Ridgeland High School)

8:30 AM NEWELL: Useful Tips On & Off the Field
10:00 AM POWELL: Effective Team Drills
11:30 AM ROBINSON: Middle Infield Play

DIRECTIONS TO RIDGELAND HS:

Take I-55 North to Exit 107

Take a right on to Colony Park Blvd.

Turn right on Sunnbrook Rd.

Turn Left on to Titan Circle

556 Sunnbrook Rd. Ridgeland, MS

MOTIVATION

Grand Ballrooms A/B/C

KEN SMITH- Pastor & Former Mississippi High School Football Coach

FRIDAY, JULY 19

10:00 AM SMITH: What in the World Do You Do Anyway?